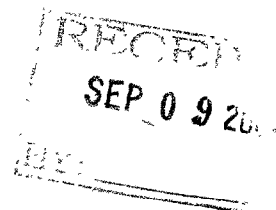




Working with nature to make a difference™

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204



July 30th, 2004

This letter is intended to serve as official notification that Tom's of Maine, P.O. Box 710, Kennebunk, ME will begin to market the following dietary supplement products bearing statements of nutritional support as indicated:

Product name	Dietary supplement	Statement of nutritional support
Natural Sleep Aid* herbal extract supplement	Extracts of <i>Valeriana officinalis</i> (L.) and <i>Scutellaria lateriflora</i> L.	"to promote restful sleep when experiencing occasional sleeplessness*"
Natural Immune Boost* herbal extract supplement	Extracts of <i>Echinacea purpurea</i> L. Moench	"to help strengthen natural defenses*"

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Heidi Russell

8/3/04  
Date

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302 Lafayette Center P.O. Box 710 Kennebunk, Maine 04043 USA  
Telephone 207-985-2944 FAX: 207-985-2196 www.tomsofmaine.com